



RESULTADOS 6º TRAIL CARREIROS DO PASTOR ARRIMALANO

Pos	Atleta	Tempo
1	Luís Cancela 1-M45	1:19:54.446
2	David Santos 1-SUB23 M	1:22:47.534
3	Luís Silva Duarte Rufino Dos Santos 1-M40	1:23:25.455
4	Paulo Santos 1-SEN M	1:24:58.322
5	Samuel Vieira Dos Reis 2-SEN M	1:25:10.166
6	João Luis Delgado Graça 3-SEN M	1:25:37.228
7	Sérgio Jerónimo 2-M45	1:27:24.220
8	Gabriel Braz 4-SEN M	1:27:57.788
9	João Carvalho 5-SEN M	1:28:10.355
10	Carlos Gens 3-M45	1:29:16.912
11	Luís Leal 6-SEN M	1:29:27.945
12	Samuel Reis 7-SEN M	1:29:51.639
13	André Rosário 8-SEN M	1:30:34.373
14	Daniel Carpinteiro 9-SEN M	1:31:02.087
15	Paulo Correia 1-M55	1:32:35.442
16	Pedro Alexandre De 2-M40	1:32:37.949
17	Licínio Sousa 1-M50	1:33:24.747
18	Sérgio Gameiro 4-M45	1:33:36.871
19	Paulo Valentim 2-M50	1:33:40.909
20	Jorge Garrido 10-SEN M	1:33:43.667
21	Acácio Gomes 5-M45	1:33:50.262
22	Bruno Toscano 11-SEN M	1:34:12.367
23	João Antunes 3-M40	1:34:13.981
24	Tiago Durão 12-SEN M	1:34:24.631
25	Joel Coelho 4-M40	1:35:32.497
26	Joel Simões 5-M40	1:36:13.191
27	Alexandre Sousa 13-SEN M	1:36:13.711
28	Flávio Carreira 14-SEN M	1:37:07.324
29	Wilson Ribeiro 15-SEN M	1:37:44.361
30	Pedro Nunes 16-SEN M	1:37:50.512
31	António Silvino 2-M55	1:37:52.725
32	Dinis Ribas 3-M50	1:38:17.337
33	Armando 6-M40	1:38:28.703
34	Renato Soares 7-M40	1:38:44.388
35	Germano Capela 3-M55	1:38:56.790
36	Vítor Chagas 6-M45	1:39:28.362
37	Filipe Soares 7-M45	1:39:47.772
38	Luís De Sousa 8-M45	1:40:24.399
39	Ricardo 17-SEN M	1:40:25.783
40	Nuno Martins 9-M45	1:40:51.138
41	Leandro Ribeiro 2-SUB23 M	1:41:27.561
42	Hugo Ferreira 18-SEN M	1:42:01.533

43	Paulo Monteiro 4-M50	1:42:13.933
44	Bruno Reis 8-M40	1:42:17.030
45	Nuno Ferreira 9-M40	1:42:18.421
46	Tiago Branco 10-M40	1:42:23.494
47	José Rafael 4-M55	1:43:39.193
48	Diogo Frazão Silva Féteira 19-SEN M	1:43:50.251
49	Carlos Cunha 10-M45	1:45:01.237
50	Leandro Gomes 20-SEN M	1:45:17.680
51	Andreia Pereira 1-SEN F	1:45:19.096
52	Júlio Patrício 1-M60	1:45:20.257
53	Bruno Pereira 11-M40	1:45:41.801
54	Filipe Serrazina 11-M45	1:46:23.244
55	Luis Neves 12-M40	1:46:23.970
56	João Pereira 21-SEN M	1:46:37.300
57	Telmo Madeira 13-M40	1:46:37.444
58	Rodolfo Deyllot 5-M55	1:46:51.932
59	Helder S G Pinto 12-M45	1:47:03.748
60	Nuno Lean 14-M40	1:47:15.262
61	Rui Ferreira 15-M40	1:47:25.166
62	Vitor Fernandes Dias Dos Reis 6-M55	1:47:30.670
63	Frederico Neves 16-M40	1:47:39.286
64	Gonçalo Vieira 17-M40	1:47:53.717
65	Rodolfo Marques 22-SEN M	1:48:04.727
66	Jorge Fernandes 2-M60	1:48:34.764
67	David Pinta 23-SEN M	1:48:41.196
68	João Montez 24-SEN M	1:49:39.957
69	Rogério Santos 18-M40	1:49:48.082
70	Pedro Parreira 25-SEN M	1:50:20.717
71	Luis Henriques 5-M50	1:50:41.464
72	Eduardo De Sousa Martins 26-SEN M	1:51:39.141
73	Luís Miguel Santos Custódio 27-SEN M	1:51:39.760
74	Jacinto Anselmo 19-M40	1:51:42.464
75	Fábio Costa 28-SEN M	1:51:48.566
76	Evaristo Machado 13-M45	1:52:49.458
77	Vando Silva 29-SEN M	1:52:59.379
78	António Palmeira 14-M45	1:53:29.536
79	Ruben Santos 3-SUB23 M	1:55:10.596
80	Pedro Pereira 20-M40	1:55:11.557
81	José Fernandes 30-SEN M	1:56:07.578
82	Patrícia Rodrigues 1-SUB23 F	1:56:21.726
83	Celso Salgueiro 21-M40	1:56:31.396
84	Glória Serrazina 1-F60	1:57:10.373
85	Luis Nunes 3-M60	1:59:21.870
86	António Nunes 4-M60	1:59:23.184
87	Amílcar Dinis 31-SEN M	1:59:31.539
88	David 32-SEN M	1:59:58.106
89	André Cordeiro 33-SEN M	2:01:51.878
90	Duarte Batista 4-SUB23 M	2:02:56.772
91	Ana Castelhana 1-F45	2:03:09.474
92	Antoine Carvalho 5-M60	2:03:21.640

93	Samuel Branco 15-M45	2:03:29.716
94	Abel Carreira 6-M50	2:03:52.115
95	Igor Silva 34-SEN M	2:04:47.370
96	António 7-M50	2:05:25.260
97	Margarida Gomes 2-F45	2:06:04.190
98	Ana Conceição 2-SEN F	2:06:14.089
99	Pedro 8-M50	2:09:07.836
100	Joao Balau 7-M55	2:09:08.559
101	Horácio Alexandre 6-M60	2:10:13.462
102	Filipe Frade 35-SEN M	2:13:28.201
103	João M. Rosa 7-M60	2:16:39.880
104	Sónia Cardoso 1-F40	2:17:50.370
105	Nélia Vitorino 3-F45	2:17:58.477
106	Cristina Carvalho 1-F55	2:19:02.102
107	Sara Costa 4-F45	2:19:05.078
108	Miguel Soares 16-M45	2:19:06.897
109	Manuel Fernandes 8-M60	2:21:39.256
110	Lurdes Vital 5-F45	2:22:34.655
111	César Ferreira 9-M50	2:24:44.500
112	Mário Anjo 8-M55	2:30:18.777
113	Gessina Mendes 1-F50	2:30:18.968
114	Diana Vendeiro 2-SUB23 F	2:30:47.015
115	Viviana Ribeiro 3-SEN F	2:31:10.303
116	Henrique Borges 9-M60	2:33:31.796
117	Ana Vieira 2-F40	2:40:00.487
118	Clara Cordeiro 6-F45	2:44:39.699
119	Cristina Pereira Oliveira 3-F40	3:09:21.637

CLASSIFICAÇÃO EQUIPAS 17KM

Pos	Clube	Pontos
1	Clube Desportivo em Movimento	15
2	ARCD MENDIGA	44
3	DAR - Associação Desportiva de Aldeia da Ribeira	59
4	CRP - Ribafria	59
5	A. C. S. Mamede	81
6	FATIMA TRAIL TEAM	99
7	CPR A-DO-BARBAS	115
8	G.R.CORREDOURA	125
9	Trilho do Castelejo	144
10	Os Tolinhos	151
11	CCRD ARRIMAL/MORCEGOS	171
12	Chitas de Alcobaça	179